

Puaa



NOTES

The pale-yellow flesh is solid and dense, possessing a firm, yet tender, texture when cooked. It is best steamed or boiled.

Puaa Flour



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Puaa description

fruit

Shape: Oval to heart-shaped

Skin Texture: Rough, irregularly raised, flattened

Weight (kg): 1.0–3.1

Average Weight (kg): 1.7

Length (cm): 12–22

Width (cm): 12–17

Average Size (cm): 17 x 14

Core size (cm): 10 x 4

Seeds: Seedless

fruiting season

September–November

geographic origin

French Polynesia